



## Health-Related Social Need Resources

Type of Assistance	Name	Contact	Description
<b>Primary Verified Resources</b>			
Shelter, Food, Health Care, Other	NC 2-1-1 (United Way)	Dial: 2-1-1 <a href="https://nc211.org/">https://nc211.org/</a>	Free access to community resource specialist from United Way to identify needs and connect person to appropriate resources
Financial, Health & Safety	Medication Access Program	(828) 920-0113	Offers support to MAHEC patients with Medicare/Medicaid, no insurance, and some commercial insurance. Can offer medications for free or at a discount. Call for prescription support.
<b>Additional Verified Resources</b>			
Crisis Hotline & Walk-In crisis Services	RHA Health Services	(888) 573-1006	Offers crisis stabilization, emergency care for mental health or substance use crisis, and services for people wanting immediate access to assessment, treatment, and support for behavioral health needs.
Food & Water Assistance	Salvation Army	(828) 456-7111 (Waynesville - Does NOT serve Buncombe) (828) 253-4723 (Buncombe)	Offers emergency food. Also offers clothing when available. Offers emergency financial assistance (in-person application)
Food & Water Assistance	MANNA - Food Bank & Helpline	1 (800) 820-1109 <a href="https://www.mannafoodbank.org">https://www.mannafoodbank.org</a>	Hotline provides information about food assistance/pantries in WNC
Crisis Hotline	Disaster Distress Helpline (SAMHSA)	1 (800) 985-5990	Hotline dedicated to providing year-round disaster crisis counseling.
Crisis Hotline	Helpmate	(828) 254-0516	Provides free emergency shelter, counseling, and safety support
Financial & Legal	Pisgah Legal Services	(828) 253-0406 <a href="https://www.pisgahlegal.org">https://www.pisgahlegal.org</a>	Legal help with Tenant/Renters Rights, SNAP benefits, and unemployment assistance
Mountain Mobility	Transportation	(828) 250-6750 (Option 5 for Eligibility Information) <a href="https://www.buncombecounty.org/governing/depts/transportation">https://www.buncombecounty.org/governing/depts/transportation</a>	Complementary transportation services for Buncombe County residents with eligible insurance